

# BS371 Nutrition and drugs in sport and exercise

[View Online](#)

---

[1]

W. D. McArdle, V. L. Katch, F. I. Katch, and W. D. McArdle, Sports and exercise nutrition, 4th ed. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins Health, 2013.

[2]

W. D. McArdle, F. I. Katch, and V. L. Katch, Exercise physiology: nutrition, energy, and human performance, Eighth edition., vol. Exercise Physiology (McArdle). Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins, 2015.

[3]

A. E. Jeukendrup and M. Gleeson, Sport nutrition: an introduction to energy production and performance, 2nd ed. Champaign, IL: Human Kinetics, 2010.

[4]

A. Bean, The complete guide to sports nutrition, 5th ed. London: A. & C. Black, 2006.

[5]

L. Burke, Practical sports nutrition. Champaign, IL: Human Kinetics, 2007.

[6]

R. J. Maughan, L. Burke, E. F. Coyle, and International Olympic Committee, Food, nutrition and sports performance II: the International Olympic Committee consensus on sports nutrition. London: Routledge, 2004.

[7]

R. J. Maughan, L. Burke, E. F. Coyle, International Olympic Committee, and EBSCOhost ebook collection, Food, nutrition and sports performance II: the International Olympic Committee consensus on sports nutrition. London: Routledge, 2004 [Online]. Available: <https://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=115674>

[8]

C. E. Cooper and R. Beneke, Drugs and ergogenic aids to improve sport performance, vol. Essays in biochemistry. London: Portland, 2008.

[9]

C. E. Cooper, Run, swim, throw, cheat: the science behind drugs in sport. Oxford: Oxford University Press, 2012.

[10]

C. E. Cooper and dawsonera, Run, swim, throw, cheat: the science behind drugs in sport. Oxford: Oxford University Press, 2012 [Online]. Available: <https://ebookcentral.proquest.com/lib/universityofessex-ebooks/detail.action?docID=889717>

[11]

D. R. Mottram, Drugs in sport, 5th ed. Abingdon: Routledge, 2011.

[12]

P. Kimmage, Rough ride: behind the wheel with a pro cyclist. London: Yellow Jersey Press, 1998.

[13]

C. E. Cooper and R. Beneke, Drugs and ergogenic aids to improve sport performance, vol. Essays in biochemistry. London: Portland, 2008.

[14]

W. Voet, Breaking the chain: drugs and cycling ; the true story. London: Yellow Jersey, 2001.